

# DEPTH COACHING GROUP

*"To improve is to change;  
to perfect is to change often."*

Designed for tackling leadership, teamwork and trust-building challenges in these difficult times with high performing, business-owning or executive-level peers

- LEADING IN COMPLEXITY
- BUILDING TRUST QUICKLY
- MOTIVATING TEAM MEMBERS WHEN FEEDBACK ISN'T ENOUGH
- HANDLING DIFFICULT CONVERSATIONS
- DECISION-MAKING FOR CONFLICTING AGENDAS
- SELF GROWTH AND OVERCOMING BLOCKS

Join a group where you can bring the real dilemmas - business or personal - in an environment of trust and mutual commitment to each other's growth.

Give and get honest feedback about your interpersonal style and approach to leadership from cross-company, high-level peers.

Intended for those who want to uncover new awareness, shed light on blindspots, make real change, and work collectively to improve one another.

Format:

1 individual goal-setting coaching session

5 group coaching sessions

Small-group format with consistent 5 members

Conducted on Zoom for now, back to in-person when conditions allow

Questions? Contact: [michelle.brody@gmail.com](mailto:michelle.brody@gmail.com)

## MICHELLE BRODY, PH.D.



Michelle Brody, Ph.D. has 25 years experience coaching and facilitating executive training programs across a wide range of industries, including technology, manufacturing, management consulting, marketing, academia, insurance, non-profit, politics, health care, accounting, and law. She has mediated team conflict in teams and designed leadership training for large companies including Facebook, Siemens, WPP, Ebay, ServiceNow, Egon Zehnder and Alcoa, as well as for smaller companies and partnerships. Dr. Brody has taught a quarterly team development series for a CEO group and has delivered keynotes for corporate groups on many topics including team communication, team dynamics and team collaboration. Dr. Brody is both an executive coach and a licensed clinical psychologist.